

## HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use ZOLPIDEM TARTRATE SUBLINGUAL TABLETS safely and effectively. See full prescribing information for ZOLPIDEM TARTRATE SUBLINGUAL TABLETS.

ZOLPIDEM TARTRATE sublingual tablets, for oral use CIV  
Initial U.S. Approval: 1992

### WARNING: COMPLEX SLEEP BEHAVIORS

#### See full prescribing information for complete box warning.

Complex sleep behaviors including sleep-walking, sleep-driving, and engaging in other activities while not fully awake may occur following use of zolpidem tartrate. Some of these events may result in serious injuries, including death. Discontinue zolpidem tartrate immediately if a patient experiences a complex sleep behavior (4, 5.1).

### RECENT MAJOR CHANGES

Box Warning	08/2019
Contraindications (4)	08/2019
Warnings and Precautions, Complex Sleep Behaviors (5.1)	08/2019
Warnings and Precautions, CNS Depressant Effects and Next-Day Impairment (5.2)	02/2019

### INDICATIONS AND USAGE

Zolpidem tartrate sublingual tablets are a GABA<sub>A</sub> agonist indicated for use as needed for the treatment of insomnia when a middle-of-the-night awakening is followed by difficulty returning to sleep (1)

**Limitation of Use:** Not indicated for the treatment of middle-of-the-night awakening when the patient has fewer than 4 hours of bedtime remaining before the planned time of waking (1)

### DOSAGE AND ADMINISTRATION

- Take only if 4 hours of bedtime remain before the planned time of waking (2.1, 5.1)
- Zolpidem tartrate sublingual tablets should be placed under the tongue and allowed to disintegrate completely before swallowing. The tablet should not be swallowed whole. (2.1)
- The effect of zolpidem tartrate sublingual tablets may be slowed if taken with or immediately after a meal (2.1)
- Recommended dose is 1.75 mg for women and 3.5 mg for men, taken only once per night if needed (2.2)
- Lower doses of CNS depressants may be necessary when taken concomitantly with zolpidem tartrate sublingual tablets (2.3)
- Co-administration with CNS depressants: Recommended dose is 1.75 mg for men and women (2.3)
- Geriatric patients and patients with hepatic impairment: Recommended dose is 1.75 mg for men and women (2.4, 5.5)

## FULL PRESCRIBING INFORMATION: CONTENTS\*

### WARNING: COMPLEX SLEEP BEHAVIORS

#### 1 INDICATIONS AND USAGE

#### 2 DOSAGE AND ADMINISTRATION

- Important Administration Instructions
- Basic Dosing Information
- Use with CNS Depressants
- Use in Geriatric Patients
- Use in Patients with Hepatic Impairment

#### 3 DOSAGE FORMS AND STRENGTHS

#### 4 CONTRAINDICATIONS

#### 5 WARNINGS AND PRECAUTIONS

- Complex Sleep Behaviors
- CNS Depressant Effects and Next-Day Impairment
- Need to Evaluate for Co-Morbid Diagnoses
- Severe Anaphylactic and Anaphylactoid Reactions
- Abnormal Thinking and Behavioral Changes
- Use in Patients with Depression
- Respiratory Depression
- Withdrawal Effects

#### 6 ADVERSE REACTIONS

- Clinical Trials Experience

#### 7 DRUG INTERACTIONS

- CNS-active Drugs
- Drugs that Affect Drug Metabolism via Cytochrome P450

#### 8 USE IN SPECIFIC POPULATIONS

- Pregnancy

## FULL PRESCRIBING INFORMATION

### WARNING: COMPLEX SLEEP BEHAVIORS

Complex sleep behaviors including sleep-walking, sleep-driving, and engaging in other activities while not fully awake may occur following use of zolpidem tartrate. Some of these events may result in serious injuries, including death. Discontinue zolpidem tartrate immediately if a patient experiences a complex sleep behavior (See **Contraindications (4)** and **Warnings and Precautions (5.1)**).

#### 1 INDICATIONS AND USAGE

Zolpidem tartrate sublingual tablets are indicated for use as needed for the treatment of insomnia when a middle-of-the-night awakening is followed by difficulty returning to sleep.

**Limitations of Use:** Zolpidem tartrate sublingual tablets are not indicated for the treatment of middle-of-the-night insomnia when the patient has fewer than 4 hours of bedtime remaining before the planned time of waking.

#### 2 DOSAGE AND ADMINISTRATION

##### 2.1 Important Administration Instructions

Zolpidem tartrate sublingual tablets are to be taken in bed when a patient wakes in the middle of the night and has difficulty returning to sleep. Zolpidem tartrate sublingual tablets should only be taken if the patient has at least 4 hours of bedtime remaining before the planned time of waking (See **Warnings and Precautions (5.1)**).

Zolpidem tartrate sublingual tablets should be placed under the tongue and allowed to disintegrate completely before swallowing. The tablet should not be swallowed whole. For optimal effect, zolpidem tartrate sublingual tablets should not be administered with or immediately after a meal. The tablet should be removed from the pouch just prior to dosing.

##### 2.2 Basic Dosing Information

The recommended and maximum dose of zolpidem tartrate sublingual tablets are 1.75 mg for women and 3.5 mg for men, taken only once per night as needed if a middle-of-the-night awakening is followed by difficulty returning to sleep. The recommended doses for women and men are different because women clear zolpidem from the body at a lower rate than men (See **Use in Specific Populations (8.5)**).

##### 2.3 Use with CNS Depressants

The recommended zolpidem tartrate sublingual tablets dose for men and women who are taking concomitant CNS depressants is 1.75 mg. Dose adjustment of concomitant CNS depressants may be necessary when co-administered with zolpidem tartrate sublingual tablets because of potentially additive effects. The use of zolpidem tartrate sublingual tablets with other sedative-hypnotics (including other zolpidem products) at bedtime or the middle of the night is not recommended (See **Warnings and Precautions (5.1)**).

##### 2.4 Use in Geriatric Patients

Geriatric patients may be especially sensitive to the effects of zolpidem. The recommended dose of zolpidem tartrate sublingual tablets in men and women over 65 years old is 1.75 mg, taken only once per night if needed (See **Use in Specific Populations (8.5)**).

##### 2.5 Use in Patients with Hepatic Impairment

The recommended dose of zolpidem tartrate sublingual tablets in patients with hepatic impairment is 1.75 mg, taken only once per night if needed (See **Clinical Pharmacology (12.3)**).

#### 3 DOSAGE FORMS AND STRENGTHS

Zolpidem tartrate is available as 1.75 mg and 3.5 mg tablets for sublingual administration.

Zolpidem tartrate sublingual tablets, 1.75 mg are white, round tablets, flat-faced, bevel-edged with debossed "N1" on one side and "124" on the other side. Zolpidem tartrate sublingual tablets, 3.5 mg are white, round tablets, flat-faced, bevel-edged with debossed "P & 350" on one side and plain on the other side.

#### 4 CONTRAINDICATIONS

Zolpidem tartrate is contraindicated in patients who have experienced complex sleep behaviors after taking zolpidem tartrate (See **Warnings and Precautions (5.1)**).

Zolpidem tartrate is contraindicated in patients with known hypersensitivity to zolpidem. Observed reactions with zolpidem include anaphylaxis and angioedema (See **Warnings and Precautions (5.4)**).

#### 5 WARNINGS AND PRECAUTIONS

##### 5.1 COMPLEX SLEEP BEHAVIORS

Complex sleep behaviors including sleep-walking, sleep-driving, and engaging in other activities while not fully awake may occur following the first or any subsequent use of zolpidem. Patients can be seriously injured or injure others during complex sleep behaviors. Such injuries may result in a fatal outcome. Other complex sleep behaviors (e.g., preparing and eating food, making phone calls, or having sex) have also been reported.

Patients usually do not remember these events. Post-marketing reports have shown that complex sleep behaviors may occur with zolpidem alone at recommended dosages, with or without the concomitant use of alcohol or other central nervous system (CNS) depressants (See **Drug Interactions (7.1)**). Discontinue zolpidem tartrate immediately if a patient experiences a complex sleep behavior.

##### 5.2 CNS Depressant Effects and Next-Day Impairment

Zolpidem tartrate, like other sedative-hypnotic drugs, has CNS depressant effects. Co-administration with other CNS depressants (e.g., benzodiazepines, opioids, tricyclic antidepressants, alcohol) increases the risk of CNS depression. Dose adjustments of zolpidem tartrate and of other concomitant CNS depressants may be necessary when zolpidem tartrate is administered with such agents because of the potentially additive effects. The use of zolpidem tartrate with other sedative-hypnotics (including other zolpidem products) at bedtime or the middle of the night is not recommended (See **Dosage and Administration (2.3)**).

In a driving study, healthy subjects who received zolpidem tartrate with fewer than four hours of bedtime remaining had evidence of impaired driving compared to subjects who received placebo (See **Clinical Studies (14.2)**). The risk of next-day driving impairment (and psychomotor impairment) is increased if zolpidem tartrate is taken with less than 4 hours of bedtime remaining, if higher than recommended dose is taken, if co-administered with other CNS depressants, or co-administered with other drugs that increase the blood levels of zolpidem.

Because zolpidem tartrate can cause drowsiness and a decreased level of consciousness, patients, particularly the elderly, are at a higher risk of falls.

##### 5.3 Need to Evaluate for Co-morbid Diagnoses

Because sleep disturbances may be the presenting manifestation of a physical and/or psychiatric disorder, symptomatic treatment of insomnia should be initiated only after a careful evaluation of the patient. The *failure of insomnia to remit after 7 to 10 days of treatment may indicate the presence of a primary psychiatric and/or medical illness that should be evaluated*. Worsening of insomnia or the emergence of new thinking or behavior abnormalities may be the consequence of an unrecognized psychiatric or physical disorder. Such findings have emerged during the course of treatment with sedative-hypnotic drugs, including zolpidem.

##### 5.4 Severe Anaphylactic and Anaphylactoid Reactions

Cases of angioedema involving the tongue, glottis, or larynx have been reported in patients after taking the first or subsequent doses of zolpidem. Some patients have had additional symptoms such as dyspnea, throat closing, or nausea and vomiting that suggest anaphylaxis. Some patients have required medical therapy in the emergency department. If angioedema involves the throat, glottis or larynx, airway obstruction may occur and be fatal. Patients who develop angioedema or anaphylaxis after treatment with zolpidem should not be rechallenged with zolpidem tartrate.

##### 5.5 Abnormal Thinking and Behavioral Changes

Abnormal thinking and behavior changes have been reported in patients treated with sedative-hypnotics including zolpidem. Some of these changes included decreased inhibition (e.g., aggressiveness and extroversion that seemed out of character), bizarre behavior, agitation, and depersonalization. Visual and auditory hallucinations have also been reported.

In controlled trials of zolpidem tartrate 10 mg taken at bedtime, < 1% of adults with insomnia who received zolpidem reported hallucinations. In a clinical trial, 7% of pediatric patients treated with zolpidem tartrate 0.25 mg/kg taken at bedtime, reported hallucinations, versus 0% treated with placebo (See **Use in Specific Populations (8.4)**).

The emergence of any new behavioral sign or symptom of concern requires careful and immediate evaluation.

##### 5.6 Use in Patients with Depression

In primarily depressed patients treated with sedative-hypnotics, worsening of depression, and suicidal thoughts and actions (including completed suicides), have been reported. Suicidal tendencies may be present in such patients and protective measures may be required. Intentional overdose is more common in this group of patients; therefore, the lowest number of tablets that is feasible should be prescribed for the patient at any one time.

##### 5.7 Respiratory Depression

Although studies with 10 mg zolpidem tartrate did not reveal respiratory depressant effects at hypnotic doses in healthy subjects or in patients with mild-to-moderate chronic obstructive pulmonary disease (COPD), a reduction in the Total Arousal Index, together with a reduction in lowest oxygen saturation and increase in the times of oxygen desaturation below 80% and 50%, was observed in patients with mild-to-moderate sleep apnea when treated with zolpidem compared to placebo. Since sedative-hypnotics have the capacity to depress respiratory drive, precautions should be taken if zolpidem tartrate is prescribed to patients with compromised respiratory function. Post-marketing reports of respiratory insufficiency in patients receiving 10 mg of zolpidem tartrate, most of whom had pre-existing respiratory impairment, have been reported. The risks of respiratory depression should be considered prior to prescribing zolpidem tartrate in patients with respiratory impairment including sleep apnea and myasthenia gravis.

##### 5.8 Withdrawal Effects

There have been reports of withdrawal signs and symptoms following the rapid dose decrease or abrupt discontinuation of zolpidem. Monitor patients for tolerance, abuse, and dependence (See **Drug Abuse and Dependence (9.2)** and **(9.3)**).

## DOSAGE FORMS AND STRENGTHS

1.75 mg and 3.5 mg sublingual tablets (3)

## CONTRAINDICATIONS

- Patients who have experienced complex sleep behaviors after taking zolpidem tartrate (4, 5.1)
- Known hypersensitivity to zolpidem (4)

## WARNINGS AND PRECAUTIONS

- CNS depressant effects: Impairs alertness and motor coordination, including risk of morning impairment. Risk increases with dose and use with other CNS depressants and alcohol. Instruct patients on correct use (2)
- Evaluate for co-morbid diagnoses: Re-evaluate if insomnia persists after 7 to 10 days of use (2)
- Severe anaphylactic/anaphylactoid reactions: Angioedema and anaphylaxis have been reported. Do not re-challenge if such reactions occur (5.3)
- Abnormal Thinking and Behavioral Changes: Changes including decreased inhibition, bizarre behavior, agitation and depersonalization have been reported. Immediately evaluate any new onset behavioral changes (5.5)
- Depression: Worsening of depression or suicidal thinking may occur. Prescribe the least number of tablets feasible to avoid intentional overdose (5.6)
- Respiratory Depression: Consider this risk before prescribing in patients with compromised respiratory function (5.7)

## ADVERSE REACTIONS

Most commonly observed adverse reactions (> 1% in adult patients) are headache, nausea, and fatigue. (6.1)

To report SUSPECTED ADVERSE REACTIONS, contact Par Pharmaceutical at 1-800-829-9393 or FDA at 1-800-FDA-1088 or <http://www.fda.gov/medwatch>.

## DRUG INTERACTIONS

- CNS depressants, including alcohol: Possible adverse additive CNS depressant effects (5.1, 7.1)
- Imipramine: Decreased alertness observed (7.1)
- Chlorpromazine: Impaired alertness and psychomotor performance observed (7.1)
- Rifampin: Combination use may decrease effects (7.2)
- Ketoconazole: Combination use may increase effects (7.2)

## USE IN SPECIFIC POPULATIONS

- Pregnancy: Based on animal data, zolpidem may cause fetal harm. (8.1)
- Pediatric use: Safety and effectiveness of zolpidem tartrate not established. With bedtime dosing of zolpidem, hallucinations observed (incidence 7%) (8.4)

See 17 for PATIENT COUNSELING INFORMATION and Medication Guide.

- Nursing Mothers
- Pediatric Use
- Geriatric Use
- Gender Differences in Pharmacokinetics

#### 9 DRUG ABUSE AND DEPENDENCE

- Controlled Substance
- Abuse
- Dependence

#### 10 OVERDOSAGE

- Signs and Symptoms
- Recommended Treatment

#### 11 DESCRIPTION

- Mechanism of Action
- Pharmacokinetics

#### 13 NONCLINICAL TOXICOLOGY

- Carcinogenesis, Mutagenesis, Impairment of Fertility

#### 14 CLINICAL STUDIES

- Middle-of-the-Night Awakening Trials
- Special Safety Studies

#### 16 HOW SUPPLIED/STORAGE AND HANDLING

#### 17 PATIENT COUNSELING INFORMATION

\*Sections or subsections omitted from the Full Prescribing Information are not listed.

## 6 ADVERSE REACTIONS

The following serious adverse reactions in zolpidem-treated patients are discussed in greater detail in other sections of the labeling:

- Complex Sleep Behaviors (See **Warnings and Precautions (5.1)**)
- CNS-Depressant Effects and Next-Day Impairment (See **Warnings and Precautions (5.2)**)
- Serious Anaphylactic and Anaphylactoid Reactions (See **Warnings and Precautions (5.2)**)
- Abnormal Thinking and Behavioral Changes (See **Warnings and Precautions (5.5)**)
- Withdrawal Effects (See **Warnings and Precautions (5.8)**)

##### 6.1 Clinical Trials Experience

The safety data described below are based on two double-blind placebo-controlled trials of zolpidem tartrate in adult patients with insomnia characterized by difficulty returning to sleep after a middle-of-the-night awakening (See **Clinical Studies (14.1)**). These two trials included 230 and 82 patients treated with 3.5 mg and 1.75 mg of zolpidem tartrate, respectively. The first study was a 3-way crossover sleep-laboratory study in 82 patients (58 female and 24 male; median age 47 years; 51% Caucasian, 44% African-American) of 1.75 mg and 3.5 mg of zolpidem tartrate compared to placebo (Study 1). The second study was a 4-week, parallel-group at-home study in 295 patients (201 female and 94 male; median age 43 years) of 3.5 mg of zolpidem tartrate compared to placebo, used on an as-needed basis after spontaneous middle-of-the-night awakenings (Study 2). In Study 2, patients took zolpidem tartrate during the night on 62% of study nights.

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in actual practice.

Table 1 shows the incidence of adverse reactions reported in Study 2 that occurred in 2% or more of zolpidem tartrate-treated (3.5 mg) patients in which the incidence was greater than the incidence in placebo-treated patients. For women and other patients taking the 1.75 mg dose in Study 1, the incidence of adverse reactions was similar to the incidence seen with 3.5 mg of zolpidem tartrate in Table 1.

The most commonly reported adverse reactions in all treatment groups were headache, nausea, and fatigue.

Table 1: Summary of Adverse Reactions (> 2%) in Outpatient, Double-Blind, Parallel-Group, Placebo-Controlled Study (Study 2)

MedDRA System Organ Class Preferred Term	3.5 mg Zolpidem Tartrate (n=150)	Placebo (n=145)
<b>Gastrointestinal Disorders</b>	<b>4%</b>	<b>2%</b>
Nausea	1%	1%
<b>General Disorders and Administration Site Conditions</b>	<b>3%</b>	<b>0%</b>
Fatigue	1%	0%
<b>Nervous System Disorders</b>	<b>5%</b>	<b>3%</b>
Headache	3%	1%

## 7 DRUG INTERACTIONS

### 7.1 CNS-active Drugs

Co-administration of zolpidem with other CNS depressants increases the risk of CNS depression (See **Warnings and Precautions (5.1, 5.2)**). Zolpidem tartrate was evaluated in healthy volunteers in single-dose interaction studies for several CNS drugs.

#### Imipramine

Imipramine in combination with zolpidem produced no pharmacokinetic interaction other than a 20% decrease in peak levels of imipramine, but there was an additive effect of decreased alertness. Similarly, chlorpromazine in combination with zolpidem produced no pharmacokinetic interaction, but there was an additive effect of decreased alertness and psychomotor performance.

#### Haloperidol

A study involving haloperidol and zolpidem revealed no effect of haloperidol on the pharmacokinetics or pharmacodynamics of zolpidem. The lack of a drug interaction following single-dose administration does not predict the absence of an effect following chronic administration.

#### Alcohol

An additive adverse effect on psychomotor performance between alcohol and oral zolpidem was demonstrated (See **Warnings and Precautions (5.1, 5.2)**).

#### Sertraline

Concomitant administration of zolpidem and sertraline increases exposure to zolpidem and may increase the pharmacodynamic effect of zolpidem.

#### Fluoxetine

After multiple doses of zolpidem tartrate and fluoxetine, an increase in the zolpidem half-life (17%) was observed. There was no evidence of an additive effect in psychomotor performance (See **Clinical Pharmacology (12.3)**).

### 7.2 Drugs that Affect Drug Metabolism via Cytochrome P450

Some compounds known to inhibit CYP3A may increase exposure to zolpidem. The effect of other P450 enzymes on the exposure to zolpidem is not known.

#### Rifampin

Rifampin, a CYP3A4 inducer, significantly reduced the exposure to and the pharmacodynamic effects of zolpidem. Use of rifampin in combination with zolpidem may decrease the efficacy of zolpidem.

#### Ketoconazole

Ketoconazole, a potent CYP3A4 inhibitor, increased the pharmacodynamic effects of zolpidem. Consideration should be given to using a lower dose of zolpidem when ketoconazole and zolpidem are given together.

## 8 USE IN SPECIFIC POPULATIONS

### 8.1 Pregnancy

Pregnancy Category C

There are no adequate and well-controlled studies of zolpidem in pregnant women. Studies in children to assess the effects of prenatal exposure to zolpidem have not been conducted; however, cases of severe neonatal respiratory depression have been reported when zolpidem was used at the end of pregnancy, especially when taken with other CNS-depressants. Children born to mothers taking sedative-hypnotic drugs may be at risk for withdrawal symptoms during the postnatal period. Neonatal flaccidity has also been reported in infants born to mothers who received sedative-hypnotic drugs during pregnancy. Zolpidem tartrate should be used during pregnancy only if the potential benefit outweighs the potential risk to the fetus.

Administration of zolpidem to pregnant rats and rabbits resulted in adverse effects on offspring at doses greater than the recommended human dose (RHD) of 3.5 mg/day (approximately 2.8 mg/day zolpidem base); however, teratogenicity was not observed.

When zolpidem was administered at oral doses of 4, 20, and 100 mg base/kg/day to pregnant rats during the period of organogenesis, dose-related decreases in fetal skull ossification were observed at all but the lowest dose, which is approximately 15 times the RHD on a mg/m<sup>2</sup> basis. In rabbits treated during organogenesis with zolpidem at oral doses of 1, 4, and 16 mg base/kg/day, increased embryo-fetal death and incomplete fetal skull ossification were seen at the highest dose tested. The no-effect dose for embryo-fetal toxicity in rabbits is approximately 30 times the RHD on a mg/m<sup>2</sup> basis. Administration of zolpidem to rats at oral doses of 4, 20, and 100 mg base/kg/day during the latter part of pregnancy and throughout lactation produced decreased offspring growth and survival at all but the lowest dose, which is approximately 15 times the RHD on a mg/m<sup>2</sup> basis.

### 8.3 Nursing Mothers

Zolpidem is excreted in human milk. The effect of zolpidem on the nursing infant is not known.

### 8.4 Pediatric Use

Zolpidem tartrate is not recommended for use in children. Safety and effectiveness of zolpidem tartrate have not been established in pediatric patients below the age of 18.

In an 8-week study in pediatric patients (aged 6 to 17 years) with insomnia associated with ADHD, an oral solution of zolpidem tartrate dosed at 0.25 mg/kg at bedtime did not decrease sleep latency compared to placebo. Hallucinations were reported in 7% of the pediatric patients who received zolpidem; none of the pediatric patients who received placebo reported hallucinations.

### 8.5 Geriatric Use

Zolpidem tartrate dosage adjustment is necessary in geriatric patients. Sedating drugs may cause confusion and over-sedation in the elderly; elderly patients generally should be started on low doses of zolpidem tartrate and observed closely (See **Dosage and Administration (2.4)**, and **Clinical Pharmacology (12.3)**).

*Clinical trial experience with other zolpidem formulations (5 mg to 10 mg oral zolpidem tartrate) given at bedtime.*

A total of 154 patients in U.S.-controlled clinical trials and 897 patients in non-U.S. clinical trials who received oral zolpidem were ≥ 60 years of age. For a pool of U.S. patients receiving oral zolpidem tartrate at doses of ≤ 10 mg or placebo, there were three adverse reactions occurring at an incidence of at least 3% for zolpidem and for which the zolpidem incidence was at least twice the placebo incidence (see Table 2).

Table 2: Adverse Reactions in Geriatric Patients in Pooled Trials of 5 mg to 10 mg Oral Zolpidem Tartrate Given at Bedtime

Adverse Reaction	5 to 10 mg Oral Zolpidem tartrate	Placebo
Dizziness	3%	0%
Drowsiness	5%	2%
Diarrhea	3%	1%

Falls in geriatric patients:

A total of 30/1,959 (2%) non-U.S. patients receiving other zolpidem formulations (5 mg to 10 mg oral zolpidem tartrate) reported falls, including 28/30 (93%) who were ≥ 70 years of age. Of these 28 patients, 23 (82%) were receiving zolpidem tartrate doses > 10 mg. A total of 24/1,959 (1%) non-U.S. patients receiving zolpidem reported confusion, including 18/24 (75%) who were ≥ 70 years of age. Of these 18 patients, 14 (78%) were receiving zolpidem tartrate doses > 10 mg.

The dose of zolpidem tartrate in elderly patients is 1.75 mg to minimize adverse effects related to impaired motor and/or cognitive performance and unusual sensitivity to sedative-hypnotic drugs.

### 8.6 Gender Difference in Pharmacokinetics

Women cleared zolpidem tartrate from the body after sublingual administration of a 3.5 mg dose of zolpidem tartrate at a lower rate than men (2.7 mL/min/kg vs. 4.0 mL/min/kg). C<sub>max</sub> and AUC parameters of zolpidem were approximately 45% higher at the same dose in female subjects compared with male subjects. Given the higher blood levels of zolpidem tartrate in women compared to men at a given dose, the recommended dose of zolpidem tartrate for women is 1.75 mg, and the recommended dose for adult men is 3.5 mg.

## 9 DRUG ABUSE AND DEPENDENCE

### 9.1 Controlled Substance

Zolpidem tartrate is classified as a Schedule IV controlled substance by federal regulation.

### 9.2 Abuse

Abuse and addiction are separate and distinct from physical dependence and tolerance. Abuse is characterized by misuse of the drug for non-medical purposes, often in combination with other psychoactive substances. Tolerance is a state of adaptation in which exposure to a drug induces changes that result in diminution of one or more of

by the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV-TR) and had at least three prolonged MOTN awakenings per week that were at least 30 minutes in duration.

#### Sleep Laboratory Study (Scheduled Dosing)

Adult patients aged 19 to 64 years (N=82; 58 female, 24 male) with a history of difficulty returning to sleep after middle-of-the-night awakenings were evaluated in a double-blind, placebo-controlled, 3-period cross-over sleep laboratory study (Study 1). The primary outcome measure was latency to persistent sleep (LPS).

Doses of 3.5 mg and 1.75 mg of zolpidem tartrate significantly decreased both objective (by polysomnography) and subjective (patient-estimated) sleep latency after a scheduled middle-of-the-night awakening as compared to placebo. The effect on sleep latency was similar for females receiving 1.75 mg of zolpidem tartrate and males receiving 3.5 mg of zolpidem tartrate.

#### Outpatient Study (As-needed Dosing)

Adult patients aged 18 to 64 years (N=295; 201 women, 94 men) with difficulty returning to sleep after middle-of-the-night awakenings were evaluated in a double-blind, placebo-controlled 4-week outpatient study of zolpidem tartrate. Patients took study drug (3.5 mg of zolpidem tartrate or placebo) on an as-needed (prn) basis, when they had difficulty returning to sleep after waking in the middle of the night, provided they had at least 4 hours time remaining in bed. Subjective (patient-estimated) time to fall back to sleep after middle-of-the-night awakening was significantly shorter for zolpidem tartrate 3.5 mg compared to placebo.

#### 14.2 Special Safety Studies

##### Driving Study

A randomized, double-blind, placebo-controlled, active-control, single-center, four-period, crossover study in 40 healthy subjects was conducted to evaluate the effects of middle-of-the-night administration of zolpidem tartrate on next-morning driving performance. The four randomized treatments included zolpidem tartrate 3.5 mg four hours before driving, zolpidem tartrate 3.5 mg three hours before driving, placebo, and a positive control (an unapproved sedative-hypnotic) given nine hours before driving.

The primary outcome measure was the change in the standard deviation of lateral position (SDLP), a measure of driving impairment. The results were analyzed using a symmetry analysis, which determined the proportion of subjects whose change from their own SDLP in the placebo condition was statistically significantly above a threshold thought to reflect clinically meaningful driving impairment.

When driving began 3 hours after taking zolpidem tartrate, testing had to be terminated for one subject (a 23-year old woman) due to somnolence. Overall, the symmetry analysis showed a statistically significant impairing effect at 3 hours. When driving began 4 hours after taking zolpidem tartrate, statistically significant impairment was not found, but numerically zolpidem tartrate was worse than placebo. Zolpidem blood levels were not measured in the driving study, and the study was not designed to correlate specific blood level with degree of impairment. However, the estimated blood level of zolpidem in patients whose SDLP worsened according to the symmetry analysis is considered to present a risk for driving impairment. In some women, the 3.5 mg dose of zolpidem tartrate results in zolpidem blood levels that remain at or sometimes considerably above this level 4 or more hours after dosing. Therefore, the recommended dose for women is 1.75 mg. A small negative effect on SDLP may remain in some patients 4 hours after the 1.75 mg dose in women, and after the 3.5 mg dose in men, such that a potential negative effect on driving cannot be completely excluded.

##### Rebound effects

In studies performed with other zolpidem formulations (5 mg to 10 mg oral zolpidem tartrate) given at bedtime, there was no objective (polysomnographic) evidence of rebound insomnia at recommended doses seen in studies evaluating sleep on the nights following discontinuation. There was subjective evidence of impaired sleep on the first post-treatment night at doses above the recommended elderly dose of 5 mg oral zolpidem tartrate.

##### Memory impairment in controlled studies

Controlled studies in adults utilizing objective measures of memory yielded no consistent evidence of next-day memory impairment following the administration at bedtime of 5 mg to 10 mg oral zolpidem tartrate. However, in one study involving zolpidem tartrate doses of 10 mg and 20 mg, there was a significant decrease in next-morning recall of information presented to subjects during peak drug effect (90 minutes post-dose), i.e., these subjects experienced anterograde amnesia. There was also subjective evidence from adverse event data for anterograde amnesia occurring in association with the administration of oral zolpidem tartrate, predominantly at doses above 10 mg.

#### 16 HOW SUPPLIED/STORAGE AND HANDLING

Each sublingual tablet is individually packaged in a unit-dose pouch.

Zolpidem tartrate sublingual tablets 1.75 mg are white, round tablets, flat-faced, bevel-edged with debossed "NT" on one side and "124" on the other side and supplied as:

NDC Number	Size
49884-898-11	Carton of 30 unit-dose pouches

Zolpidem tartrate sublingual tablets 3.5 mg are white, round tablets, flat-faced, bevel-edged with debossed "P" & "350" on one side and plain on the other side and supplied as:

NDC Number	Size
49884-899-11	Carton of 30 unit-dose pouches

##### Storage and Handling

Store between 20° to 25°C (68° to 77°F). Excursions permitted between 15° to 30°C (59° to 86°F). Protect from moisture.

The patient should be instructed not to remove the sublingual tablet from the unit-dose pouch until the patient is ready to consume it.

#### 17 PATIENT COUNSELING INFORMATION

See FDA-approved patient labeling (Medication Guide).

Inform patients and their families about the benefits and risks of treatment with zolpidem tartrate sublingual tablets. Inform patients of the availability of a Medication Guide and instruct them to read the Medication Guide prior to initiating treatment with zolpidem tartrate sublingual tablets and with each prescription refill. Review the zolpidem tartrate sublingual tablets Medication Guide with every patient prior to initiation of treatment. Instruct patients or caregivers that zolpidem tartrate sublingual tablets should be taken only as prescribed.

##### Complex Sleep Behaviors

Instruct patients and their families that zolpidem tartrate sublingual tablets may cause complex sleep behaviors, including sleep-walking, sleep-driving, preparing and eating food, making phone calls, or having sex while not being fully awake. Serious injuries and death have occurred during complex sleep behavior episodes. Tell patients to discontinue zolpidem tartrate sublingual tablets and notify their healthcare provider immediately if they develop any of these symptoms [see **Boxed Warning, Warnings and Precautions (5.1)**].

##### CNS Depressant Effects and Next-Day Impairment

Tell patients that zolpidem tartrate sublingual tablets has the potential to cause next-day impairment, and that this risk is increased if dosing instructions are not carefully followed. Tell patients to wait for at least 4 hours after dosing and until they feel fully awake before driving or engaging in other activities requiring full mental alertness. Advise patients the increased drowsiness and decreased consciousness may increase the risk of falls in some patients [see **Warnings and Precautions (5.2)**].

##### Severe Anaphylactic and Anaphylactoid Reactions

Inform patients that severe anaphylactic and anaphylactoid reactions have occurred with zolpidem. Describe the signs/symptoms of these reactions and advise patients to seek medical attention immediately if any of them occur [see **Warnings and Precautions (5.4)**].

##### Suicide

Tell patients to immediately report any suicidal thoughts.

##### Administration Instructions

For detailed instructions on how to use zolpidem tartrate sublingual tablets, tell patients to refer to the Patient Instructions for Use.

Tell patients that zolpidem tartrate sublingual tablets is to be taken only once per night if needed if they wake in the middle of the night and have difficulty returning to sleep. Tell patients that zolpidem tartrate sublingual tablets should only be taken if they have 4 hours of bedtime remaining before the planned time of waking.

Instruct the patient to place the tablet under the tongue, allowing it to disintegrate completely before swallowing. Tell the patient that zolpidem tartrate sublingual tablets should not be swallowed whole.

Tell patients that the effect of zolpidem tartrate sublingual tablets may be slowed if taken with or immediately after a meal.

Instruct patients to remove the tablet from the unit-dose pouch just prior to dosing.

Advise patients NOT to take zolpidem tartrate sublingual tablets if they drank alcohol that day or before bed.

Healthcare professionals can telephone Par Pharmaceutical (1-800-828-9393) for information on this product.

**For Medication Guide, please visit [www.parpharm.com](http://www.parpharm.com)**

#### MEDICATION GUIDE Zolpidem Tartrate Sublingual Tablets CIV (ZØL-PI-DUM TAR-TRA-ATE)

Read the Medication Guide that comes with zolpidem tartrate sublingual tablets before you start taking it and each time you get a refill. There may be new information. This Medication Guide does not take the place of talking to your doctor about your medical condition or treatment.

**What is the most important information I should know about zolpidem tartrate sublingual tablets?**

**Follow the Instructions for Use at the end of this Medication Guide when you take zolpidem tartrate sublingual tablets. If you do not follow the Instructions for Use, you might be drowsy in the morning without knowing it.**

- Only take one tablet a night, if needed.
- Only take zolpidem tartrate sublingual tablets if you have at least 4 hours of bedtime left.

**Zolpidem tartrate sublingual tablets may cause serious side effects, including:**

- **Complex sleep behaviors that have caused serious injury and death.** After taking zolpidem tartrate sublingual tablets, you may get up out of bed while not being fully awake and do an activity that you do not know you are doing (complex sleep behaviors). The next morning, you may not remember that you did anything during the night. These activities may occur with zolpidem tartrate sublingual tablets whether or not you drink alcohol or take other medicines that make you sleepy. Reported activities include:
  - o driving a car ("sleep-driving")
  - o making and eating food
  - o talking on the phone
  - o having sex
  - o sleep-walking

**Stop taking zolpidem tartrate sublingual tablets and call your healthcare provider right away if you find out that you have done any of the above activities after taking zolpidem tartrate sublingual tablets.**

**Important:**

1. Take zolpidem tartrate sublingual tablets exactly as prescribed
2. Do not take zolpidem tartrate sublingual tablets if you:
  - have ever experienced a complex sleep behavior (such as driving a car, making and eating food, talking on the phone or having sex while not fully awake) after taking zolpidem tartrate sublingual tablets.
  - drank alcohol that day or before bed.
  - took another medicine to help you sleep.
  - do not have at least 4 hours of bedtime remaining.

**What are zolpidem tartrate sublingual tablets?**

Zolpidem tartrate sublingual tablets are a sedative-hypnotic (sleep) medicine. Zolpidem tartrate sublingual tablets are used in adults for the treatment of a sleep problem called insomnia. Many people have difficulty returning to sleep after awakening in the middle of the night. Zolpidem tartrate sublingual tablets are designed to specifically treat this problem.

It is not known if zolpidem tartrate sublingual tablets are safe and effective in children.

Zolpidem tartrate sublingual tablets are a federally controlled substance (CIV) because it can be abused or lead to dependence. Keep zolpidem tartrate sublingual tablets in a safe place to prevent misuse and abuse. Selling or giving away zolpidem tartrate sublingual tablets may harm others, and is against the law. Tell your doctor if you have ever abused or have been dependent on alcohol, prescription medicines, or street drugs.

**Who should not take zolpidem tartrate sublingual tablets?**

- Do not take zolpidem tartrate sublingual tablets if you have ever had a complex sleep behavior happen after taking zolpidem tartrate sublingual tablets.
- Do not take zolpidem tartrate sublingual tablets if you are allergic to zolpidem or any other ingredients in zolpidem tartrate sublingual tablets. See the end of this Medication Guide for a complete list of ingredients in zolpidem tartrate sublingual tablets.
- Do not take zolpidem tartrate sublingual tablets if you have had an allergic reaction to drugs containing zolpidem, such as Ambien, Ambien CR, Edluar, or Zolpimist.

**Symptoms of a serious allergic reaction to zolpidem tartrate sublingual tablets can include:**

- swelling of your face, lips, and throat that may cause difficulty breathing or swallowing
- nausea and vomiting

**Zolpidem tartrate sublingual tablets may not be right for you. Before starting zolpidem tartrate sublingual tablets, tell your doctor about all of your health conditions, including if you:**

- have a history of depression, mental illness, or suicidal thoughts
- have a history of drug or alcohol abuse or addiction
- have kidney or liver disease
- have a lung disease or breathing problems
- are pregnant, planning to become pregnant, or breastfeeding

Tell your doctor about all of the medicines you take, including prescription and nonprescription medicines, vitamins, and herbal supplements. Medicines can interact with each other, sometimes causing serious side effects. Your doctor will tell you if you can take zolpidem tartrate sublingual tablets with your other medicines.

Know the medicines you take. Keep a list of your medicines with you to show your doctor and pharmacist each time you get a new medicine.

**How should I take zolpidem tartrate sublingual tablets?**

- See "What is the most important information I should know about zolpidem tartrate sublingual tablets"
- Read the "Instructions for Use" at the end of this Medication Guide for detailed instructions on how to take zolpidem tartrate sublingual tablets.
- Take zolpidem tartrate sublingual tablets exactly as prescribed. Only take one zolpidem tartrate sublingual tablet per night if needed.
- Do not take zolpidem tartrate sublingual tablets if you drank alcohol that evening or before bed.
- While in bed, place the tablet under your tongue and allow it to break apart completely. Do not swallow it whole.
- You should not take zolpidem tartrate sublingual tablets with or right after a meal. Zolpidem tartrate sublingual tablets may help you fall asleep faster when you take it on an empty stomach.
- Call your health care provider if your insomnia worsens or is not better within 7 to 10 days. This may mean that there is another condition causing your sleep problem.
- If you take too much zolpidem tartrate sublingual tablets or overdose, get emergency treatment.

**What are the possible side effects of zolpidem tartrate sublingual tablets?**

Zolpidem tartrate sublingual tablets may cause serious side effects, including:

- **getting out of bed while not being fully awake and doing an activity that you do not know you are doing.** (See "What is the most important information I should know about zolpidem tartrate sublingual tablets?")
- **abnormal thoughts and behavior.** Symptoms include more outgoing or aggressive behavior than normal, confusion, agitation, hallucinations, worsening of depression, and suicidal thoughts or actions.
- **memory loss**
- **anxiety**
- **severe allergic reactions.** Symptoms include swelling of the tongue or throat, trouble breathing, and nausea and vomiting. Get emergency medical help if you get these symptoms after taking zolpidem tartrate sublingual tablets.

**Call your health care provider right away if you have any of the above side effects or any other side effects that worry you while using zolpidem tartrate sublingual tablets.**

**The most common side effects of zolpidem tartrate sublingual tablets are:**

- Headache
- Nausea
- Fatigue

Even if you follow the Instructions for Use, you may still feel drowsy in the morning after taking zolpidem tartrate sublingual tablets. Do not drive or do other dangerous activities after taking zolpidem tartrate sublingual tablets until you are fully awake.

These are not all the side effects of zolpidem tartrate sublingual tablets. Ask your health care provider or pharmacist for more information. You may report side effects to FDA at 1-800-FDA-1088.

**How should I store zolpidem tartrate sublingual tablets?**

- Store zolpidem tartrate sublingual tablets at room temperature, 68° to 77°F (20° to 25°C). Protect from moisture.
- Only open the pouch when you are ready to use zolpidem tartrate sublingual tablets.

**Keep zolpidem tartrate sublingual tablets and all medicines out of reach of children.**

**General information about zolpidem tartrate sublingual tablets**

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use zolpidem tartrate sublingual tablets for a condition for which it was not prescribed. Do not give zolpidem tartrate sublingual tablets to other people, even if you think they have the same symptoms that you have. It may harm them and it is against the law.

This Medication Guide summarizes the most important information about zolpidem tartrate sublingual tablets. If you would like more information, talk with your doctor. You can ask your doctor or pharmacist for information about zolpidem tartrate sublingual tablets that is written for healthcare professionals. For more information about zolpidem tartrate sublingual tablets, call Par Pharmaceutical at 1-800-828-9393 or visit [www.parpharm.com](http://www.parpharm.com)

**What are the ingredients in zolpidem tartrate sublingual tablets?**

**Active Ingredient:** zolpidem tartrate

**Inactive Ingredients:** Each zolpidem tartrate sublingual tablets include the following inactive ingredients: colloidal silicon dioxide, croscopdone, magnesium stearate, pregelatinized starch, mannitol, peppermint flavor, saccharin sodium, corn starch.

**Rx only**

This Medication Guide has been approved by the U.S. Food and Drug Administration.

**For Medication Guide, please visit [www.parpharm.com](http://www.parpharm.com)**

#### INSTRUCTIONS FOR USE Zolpidem Tartrate Sublingual Tablets CIV (ZØL-PI-DUM TAR-TRA-ATE)

Read these Instructions for Use before you start taking zolpidem tartrate sublingual tablets and each time you get a refill. There may be new information. This information does not take the place of talking to your healthcare provider about your medical condition or your treatment.

**What is the most important information I should know about zolpidem tartrate sublingual tablets?**

Follow these Instructions for Use when you take zolpidem tartrate sublingual tablets. If you do not follow these instructions, you might be drowsy in the morning without knowing it.

- Only take 1 tablet a night if needed
- Only take zolpidem tartrate sublingual tablets if you have at least 4 hours of bedtime left
- Only take zolpidem tartrate sublingual tablets if you have at least 4 hours of bedtime left.

**Using zolpidem tartrate sublingual tablets the wrong way can make you drowsy in the morning.**

**Before you go to bed:**

- Place only 1 zolpidem tartrate sublingual tablets pouch by your bed, and have a clock or watch nearby (see Figure A).



Figure A

- Store all other unopened zolpidem tartrate sublingual tablets pouches with your other medicines away from your bedside.
- Only open the zolpidem tartrate sublingual tablets pouch when you are ready to use it.
- You can either use the **zolpidem tartrate sublingual tablets Dosing Time Chart** (see Figure B) or the **Dosing Time Tool** (see Figure C) that comes with zolpidem tartrate sublingual tablets to find the latest time during the night you can take zolpidem tartrate sublingual tablets.

**Zolpidem Tartrate Sublingual Tablets Dosing Time Chart (see Figure B):**

- You can take zolpidem tartrate sublingual tablets if you have at least 4 hours of bedtime left before you must be awake.
- Find the earliest time you have to be up and awake in the column on the left.
- Find the latest time you can take zolpidem tartrate sublingual tablets on the same line in the column on the right.

Zolpidem Tartrate Sublingual Tablets Dosing Time Chart

If you must be awake by:	Take zolpidem tartrate sublingual tablets before:
4 am	12 midnight
5 am	1 am
6 am	2 am
7 am	3 am
8 am	4 am
9 am	5 am

Figure B

**Zolpidem Tartrate Sublingual Tablets Dosing Time Tool (see Figure C):**

- Turn the zolpidem tartrate sublingual tablets Dosing Time Tool wheel to show the earliest time that you must be awake under the green arrow.
- Take zolpidem tartrate sublingual tablets before the time under the brown arrow.



Figure C

**During the night when you take zolpidem tartrate sublingual tablets:**

- Step 1.** Check the current time and use the zolpidem tartrate sublingual tablets Dosing Time Chart or the zolpidem tartrate sublingual tablets Dosing Time Tool to decide if you should take zolpidem tartrate sublingual tablets.
  - Only take zolpidem tartrate sublingual tablets if you have at least 4 hours of bedtime left before you have to be awake (see Figure B).
- Step 2.** Open the zolpidem tartrate sublingual tablets pouch you placed by your bed.
  - Fold the zolpidem tartrate sublingual tablets pouch along the dotted line. While the zolpidem tartrate sublingual tablets pouch are folded, tear the pouch open at the notch at the center of the dotted line (see Figure D).

#### TO OPEN POUCH STEP 1: Fold along dotted line. STEP 2: While folded, tear open at notch located at center of dotted line.

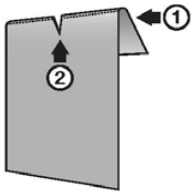


Figure D

- Step 3.** Remove the foil blister from the zolpidem tartrate sublingual tablet pouch. Push the zolpidem tartrate sublingual tablet through the foil (see Figure E).



Figure E

**Step 4.** Leave the empty zolpidem tartrate sublingual tablets pouch where you can see it. The empty pouch will help remind you that you already took your zolpidem tartrate sublingual tablets dose (see Figure F).

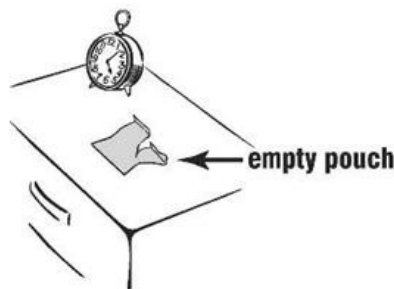


Figure F

**Step 5.** While in bed, place the zolpidem tartrate sublingual tablets under your tongue and allow it to break apart completely, then swallow. Do not swallow it whole (see Figure G).



Figure G

**Step 6.** Throw the empty zolpidem tartrate sublingual tablets pouch away in the morning.

**When you wake up in the morning,** be sure that at least 4 hours have passed since you have taken zolpidem tartrate sublingual tablets and you feel fully awake before driving. Do not do dangerous activities until you know how zolpidem tartrate sublingual tablets affects you.

This Medication Guide and Instructions for Use have been approved by the U.S. Food and Drug Administration.

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