

HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use Previfem® safely and effectively. See full prescribing information for Previfem®.

Previfem®
Norgestimate and Ethynodiol Diacetate Tablets, USP
0.25 mg/0.035 mg
(nor-JES-ti-mate, ETH-i-nil es-tradiol-DYE-oil)
“for oral use”



Initial U.S. Approval: 1989

WARNING: CIGARETTE SMOKING and SERIOUS CARDIOVASCULAR EVENTS

See full prescribing information for complete boxed warning.

- Norgestimate and ethynodiol diacetate are contraindicated in women over 35 years old who smoke. (4)
- Cigarette smoking increases the risk of serious cardiovascular events from combination oral contraceptives (COC) use. (4)

RECENT MAJOR CHANGES

Contraindications (4) 08/2017
Warnings and Precautions (5.3) 08/2017

INDICATIONS AND USAGE

Previfem® (norgestimate and ethynodiol diacetate tablets) are an estrogen/progestin COCs, indicated for use by women to prevent pregnancy. (1.1)

DOSAGE AND ADMINISTRATION

Take one tablet daily by mouth at the same time every day. (2.2)

Take tablets in the order directed on the blister pack. (2.2)

Do not skip or delay tablet intake. (2.2)

DOSAGE FORMS AND STRENGTHS

Previfem® (norgestimate and ethynodiol diacetate tablets, USP) consists of 28 round tablets in the following order: (3)

- 21 blue tablets each containing 0.25 mg norgestimate and 0.035 mg ethynodiol diacetate
- 7 green tablets (inert)

CONTRAINDICATIONS

- A high risk of arterial or venous thrombotic diseases (4)
- Liver tumors or liver disease (4)
- Undiagnosed abnormal uterine bleeding (4)
- Pregnancy (4)
- Breast cancer or other estrogen- or progestin-sensitive cancer (4)
- Co-administration with Hepatitis C drug combinations containing omibasvir/paritaprevir/ritonavir, with or without dasabuvir (4)

WARNINGS AND PRECAUTIONS

- Thromboembolic Disorders and Other Vascular Problems:** Stop norgestimate and ethynodiol diacetate if a thrombotic event occurs. Stop at least 4 weeks before and through 2 weeks after major surgery. Start no earlier than 4 weeks after delivery, in women who are not breastfeeding. (5.1)
- Liver disease:** Discontinue norgestimate and ethynodiol diacetate if jaundice occurs. (5.2)
- High blood pressure:** If used in women with

well-controlled hypertension, monitor blood pressure and stop norgestimate and ethynodiol diacetate if blood pressure rises significantly. (5.4)

- Carbohydrate and Lipid metabolic effects:** Monitor prediabetic and diabetic women taking norgestimate and ethynodiol diacetate. Consider an alternate contraceptive method for women with uncontrolled dyslipidemia. (5.6)
- Headache:** Evaluate significant change in headache and discontinue norgestimate and ethynodiol diacetate if indicated. (5.7)
- Bleeding irregularities and Amenorrhea:** Evaluate irregular bleeding or amenorrhea. (5.8)

ADVERSE REACTIONS

The most common adverse reactions reported during clinical trials (≥2%) were: Norgestimate and ethynodiol diacetate; headache/migraine, abdominal/gastrointestinal pain, vaginal infection, genital discharge, breast issues (including breast pain, discharge, and enlargement), mood disorders (including depression and mood altered), flatulence, nervousness, rash. (6.1)

To report SUSPECTED ADVERSE REACTIONS, contact Par Pharmaceutical at 1-800-828-9393, or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

DRUG INTERACTIONS

Drugs or herbal products that induce certain enzymes including CYP3A4, may decrease the effectiveness of COCs or increase breakthrough bleeding. Counsel patients to use a back-up or alternative method of contraception when enzyme inducers are used with COCs. (7.1)

WARNINGS AND PRECAUTIONS

- Nursing mothers:** Not recommended; can decrease milk production. (6.3)

See 17 for PATIENT COUNSELING INFORMATION and FDA-approved patient labeling.

Revised: 12/2018

FULL PRESCRIBING INFORMATION

WARNING: CIGARETTE SMOKING and SERIOUS CARDIOVASCULAR EVENTS

Cigarette smoking increases the risk of serious cardiovascular events from combination oral contraceptive (COC) use. This risk increases with age, particularly in women over 35 years of age, and with the number of cigarettes smoked. For this reason, COCs are contraindicated in women who are over 35 years of age and smoke [see CONTRAINDICATIONS (4)].

INDICATIONS AND USAGE

1.1 Oral Contraceptive

Previfem® (norgestimate and ethynodiol diacetate tablets), are indicated for use by females of reproductive potential to prevent pregnancy [see CLINICAL STUDIES (14)].

DOSAGE AND ADMINISTRATION

2.1 How to Start Previfem®

Previfem® (norgestimate and ethynodiol diacetate tablets), are dispensed in a blister pack [see HOW SUPPLIED/STORAGE AND HANDLING (16)]. Previfem® may be started using either a Day 1 start or a Sunday start (see Table 1). For the first cycle of a Sunday Start regimen, an additional method of contraception should be used until after the first 7 consecutive days of administration.

2.2 How to Take Previfem®

Table 1: Instructions for Administration of Previfem®

Table 1: Instructions for Administration of Previfem®	
Day 1 Start:	<ul style="list-style-type: none"> Take first active tablet without regard to meals on the first day of menses. Take subsequent active tablets once daily at the same time each day for a total of 21 days. Take one green inactive tablet daily for 7 days and at the same time of day that active tablets were taken. Begin each subsequent blister pack on the same day of the patient's first cycle blister pack (i.e., on the day after taking the last inactive tablet).
Starting COCs in women not currently using hormonal contraception (Day 1 Start or Sunday Start)	<p>Important: Consider the possibility of ovulation and conception prior to initiation of this product.</p> <ul style="list-style-type: none"> Take first active tablet without regard to meals on the first Sunday after the onset of menses. Due to the potential risk of becoming pregnant, use additional non-hormonal contraception (such as condoms and spermicide) for the first seven days of the patient's first cycle blister pack of Previfem®. Take subsequent active tablets once daily at the same time each day for a total of 21 days. Take one green inactive tablet daily for the following 7 days and at the same time of day that active tablets were taken. Begin each subsequent blister pack on the same day of the first cycle blister pack (i.e., on the Sunday after taking the last inactive tablet) and additional non-hormonal contraceptive is not needed.
Sunday Start:	<p>Important: Consider the possibility of ovulation and conception prior to initiation of this product.</p> <ul style="list-style-type: none"> Take first active tablet without regard to meals on the first Sunday after the onset of menses. Due to the potential risk of becoming pregnant, use additional non-hormonal contraception (such as condoms and spermicide) for the first seven days of the patient's first cycle blister pack of Previfem®. Take subsequent active tablets once daily at the same time each day for a total of 21 days. Take one green inactive tablet daily for the following 7 days and at the same time of day that active tablets were taken. Begin each subsequent blister pack on the same day of the first cycle blister pack (i.e., on the Sunday after taking the last inactive tablet) and additional non-hormonal contraceptive is not needed.
Tablet Color:	<ul style="list-style-type: none"> Previfem® active tablets are blue (Day 1 to Day 21). Previfem® has green inactive tablets (Day 22 to Day 28).

Complete instructions to facilitate patient counseling on proper tablet usage are located in the FDA-Approved Patient Labeling.

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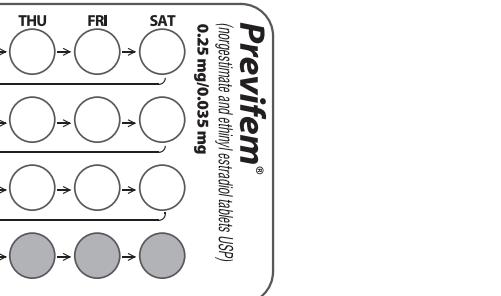
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*Sections or subsections omitted from the full prescribing information are not listed.

3 ALSO FIND:

- where on the blister pack to start taking pills,
- in what order to take the pills (follow the arrows),
- the week numbers as shown in the diagram below.



5.2 Liver Disease

Impaired Liver Function

Do not use norgestimate and ethynodiol in women with liver disease, such as acute viral hepatitis or severe (decompensated) cirrhosis of liver [see CONTRAINDICATIONS (4)]. Acute or chronic disturbances of liver function may necessitate the discontinuation of COC use until markers of liver function return to normal and COC causation has been excluded. Discontinue norgestimate and ethynodiol if jaundice develops.

Liver Tumors

Norgestimate and ethynodiol is contraindicated in women with benign and malignant liver tumors [see CONTRAINDICATIONS (4)]. Hepatic adenomas are associated with COC use. An estimate of the attributable risk is 3.3 cases/100,000 COC users. Rupture of hepatic adenomas may cause death through intra-abdominal hemorrhage.

6 ADVERSE REACTIONS

The following serious adverse reactions with the use of COCs are discussed elsewhere in labeling:

- Serious cardiovascular events and stroke [see BOXED WARNING and WARNINGS AND PRECAUTIONS (5.1)]
- Vascular events [see WARNINGS AND PRECAUTIONS (5.1)]
- Liver disease [see WARNINGS AND PRECAUTIONS (5.2)]

Adverse reactions commonly reported by COC users:

- Irregular uterine bleeding
- Nausea
- Breast tenderness
- Headache

6.1 Clinical Trial Experience

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in clinical practice.

The safety of norgestimate and ethynodiol was evaluated in 1,647 healthy women of childbearing potential who participated in 3 clinical trials and received at least 1 dose of norgestimate and ethynodiol for contraception. Two trials were randomized active-controlled trials and 1 was an uncontrolled open-label trial. In all 3 trials, subjects were followed for up to 24 cycles.

Common Adverse Reactions (≥2% of subjects): The most common adverse reactions reported by at least 2% of the 1,647 women were the following in order of decreasing incidence:

- headache/migraine (32.9%), abdominal/gastrointestinal pain (7.8%), vaginal infection (8.4%), genital discharge (6.8%), breast issues (including breast pain, discharge, and enlargement) (6.3%), mood disorders (including depression and mood altered) (5%), flatulence (3.2%), nervousness (2.9%), and rash (2.6%).

Adverse Reactions Leading to Study Discontinuation: Over the three trials, between 11 to 21% of subjects discontinued the trial due to an adverse reaction. The most common adverse reactions (>1%) leading to discontinuation were: metrorrhagia (6.5%), nausea/vomiting (5%), headache (4.1%), mood disorders (including depression and mood altered) (2.4%), premenstrual syndrome (1.7%), hypertension (1.4%), breast pain (1.4%), nervousness (1.3%), amenorrhea (1.1%), dysmenorrhea (1.1%), weight increased (1.1%), and flatulence (1.1%).

Serious Adverse Reactions: breast cancer (1 subject), mood disorders including depression, irritability, and mood swings (1 subject), myocardial infarction (1 subject), and venous thromboembolic events including pulmonary embolism (1 subject).

6.2 Postmarketing Experience
The following additional adverse drug reactions have been reported from worldwide postmarketing experience with norgestimate and ethynodiol. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

Infections and Infestations: Urinary tract infection; Neoplasms Benign, Malignant and Unspecified (Incl. Cysts and Polyps); Breast cancer, benign breast neoplasm, hepatic adenoma, focal nodular hyperplasia, breast cyst;

Immune System Disorders: Hypersensitivity; Metabolism and Nutrition Disorders: Dyslipidemia; Psychiatric Disorders: Anxiety; Nervous System Disorders: Syncope, convulsion, paresthesia, dizziness; Eye Disorders: Visual impairment, dry eye, contact lens intolerance; Ear and Labyrinth Disorders: Vertigo;

Cardiac Disorders: Tachycardia, palpitations;

Vascular Events: Deep vein thrombosis, pulmonary embolism, retinal vascular thrombosis, hot flush;

Arterial Events: Atrial fibrillation, myocardial infarction, cerebrovascular accident;

Respiratory, Thoracic and Mediastinal Disorders: Dyspnea;

Gastrointestinal Disorders: Peptic ulcers, abdominal distension, diarrhea, constipation;

Hepatobiliary Disorders: Hepatitis;

Skin and Subcutaneous Tissue Disorders: Angioedema, erythema nodosum, hirsutism, night sweats

Food Effect

The effect of food on the pharmacokinetics of norgestimate and ethynodiol diacetate has not been studied.

Distribution

NGMN and NG are highly bound (>97%) to serum proteins. NGMN is bound to albumin and not to SHBG, while NG is bound primarily to SHBG. EE is extensively bound (>97%) to serum albumin and induces an increase in the serum concentrations of SHBG.

Metabolism

NGMN is extensively metabolized by first-pass mechanisms in the gastrointestinal tract and/or liver. NGMN's primary active metabolite is NGMN. Subsequent hepatic metabolism of NGMN occurs and metabolites include NG, which is also active, and various hydroxylated and conjugated metabolites. Although NGMN and its metabolites inhibit a variety of P450 enzymes in human liver microsomes, under the recommended dosing regimen, the *in vivo* concentrations of NGMN and its metabolites, even at the peak serum levels, are relatively low compared to the inhibitory constant (Ki). EE is also metabolized to various hydroxylated products and their glucuronide and sulfate conjugates.

Excretion

The metabolites of NGMN and EE are eliminated by renal and fecal pathways. Following administration of ¹⁴C-norgestimate, 47% (45 to 49%) and 37% (16 to 49%) of the administered radioactivity was eliminated in the urine and feces, respectively. Unchanged NGM was not detected in the urine. In addition to 17-decyloxy norgestimate, a number of metabolites of NGM have been identified in human urine following administration of radiolabeled NGM. These include 18,19-Dinor-17-pregn-4-en-20-yn-3-one,17-hydroxy-13-ethyl,(17 α)-; 18,19-Dinor-5 β -17-pregn-20-yn-3 α ,17 β -dihydroxy-13-ethyl,(17 α), various hydroxylated metabolites and conjugates of these metabolites.

13 NONCLINICAL TOXICOLOGY

13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

[See **WARNINGS AND PRECAUTIONS (5.2, 5.11) and USE IN SPECIFIC POPULATIONS (8.1)**.]

14 CLINICAL STUDIES

14.1 Contraception

In three US clinical trials with norgestimate and ethynodiol diacetate, 1,651 women aged 18 to 38 years were studied for up to 24 cycles, proving a total of 24,272 cycles of exposure. The racial demographic was about 73 to 86% Caucasian, 8 to 13% African-American, 6 to 14% Hispanic with the remainder Asian or Other (<1%). There were no exclusions on the basis of weight; the weight range for women treated was 82 to 303 lbs, with a mean weight of about 135 lbs. The pregnancy rate was approximately 1 pregnancy per 100 women-years.

16 HOW SUPPLIED/STORAGE AND HANDLING

16.1 How Supplied

Previfem® (norgestimate and ethynodiol diacetate tablets, USP) are available in blisters containing 28 tablets as follows:

Each blister card contains 21 active tablets and 7 inactive tablets. The 21 active tablets are blue, round, debossed with E on one side and T on the other side. The 7 inert tablets are green, round, debossed with E on one side and J1 on the other side.

16.2 Storage Conditions

- Store at 20° to 25°C (68° to 77°F) [see USP Controlled Room temperature].
- Protect from light.
- Keep out of the reach of children

17 PATIENT COUNSELING INFORMATION

See **FDA-approved patient labeling (Patient Information and Instructions for Use)**.

Counsel patients about the following information:

- Cigarette smoking increases the risk of serious cardiovascular events from COC use, and that women who are over 35 years old and smoke should not use COCs [see **BOXED WARNING**, **Increased risk of VTE compared to non-users of COCs is greatest after initially starting a COC or restarting (following a 4-week or greater pill-free interval) the same or a different COC [see **WARNINGS AND PRECAUTIONS (5.1)]**].**
- Previfem® does not protect against HIV infection (AIDS) and other sexually transmitted infections.
- Previfem® is not to be used during pregnancy; if pregnancy occurs during use of Previfem®, instruct the patient to stop further use [see **WARNINGS AND PRECAUTIONS (5.9)**].
- Take one tablet daily by mouth at the same time every day. Instruct patients what to do in the event tablets are missed [see **DOSAGE AND ADMINISTRATION (2.2)**].
- Use a back-up or alternative method of contraception when enzyme inducers are used with Previfem® [see **DRUG INTERACTIONS (7.1)**].
- COCs may reduce breast milk production; this is less likely to occur if breastfeeding is well established [see **USE IN SPECIFIC POPULATIONS (8.3)**].
- Women who start COCs postpartum, and who have not yet had a period, should use an additional method of contraception until they have taken an active tablet for 7 consecutive days [see **DOSAGE AND ADMINISTRATION (2.2)**].
- Amenorrhea may occur. Consider pregnancy in the event of amenorrhea at the time of the first missed period. Rule out pregnancy in the event of amenorrhea in two or more consecutive cycles [see **WARNINGS AND PRECAUTIONS (5.8)**].

Manufactured by: Laboratorios León Farma S.A., Spain
Distributed by: Par Pharmaceutical, Chestnut Ridge, NY 10977

Rev. 12/2018

Patient Information

Previfem® (norgestimate and ethynodiol diacetate tablets, USP) (nor-JES-ti-mate, ETH-i-nil es-tra-DYE-oI)

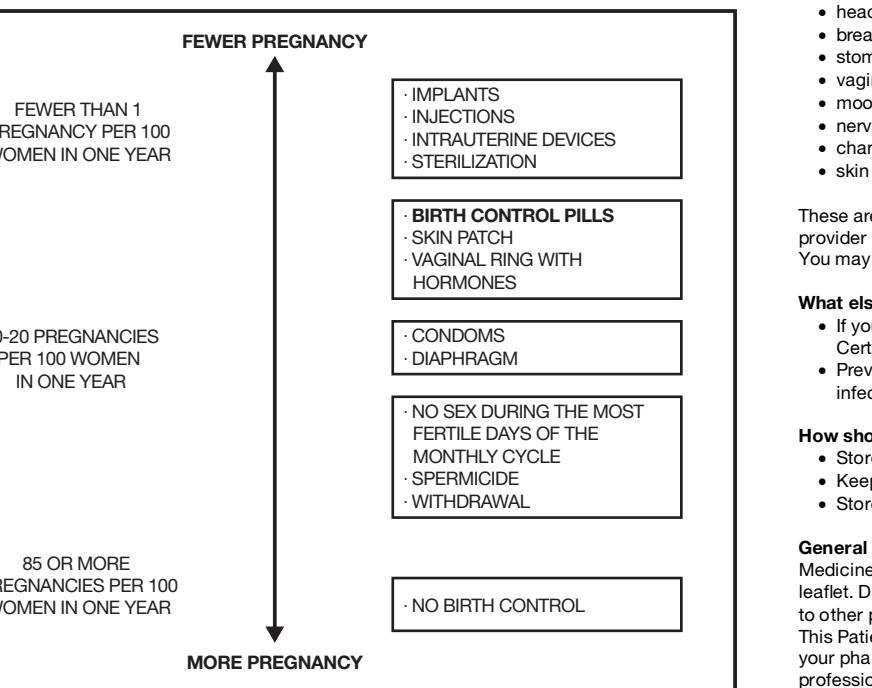
What is the most important information I should know about Previfem®?
Do not use Previfem® if you smoke cigarettes and are over 35 years old. Smoking increases your risk of serious cardiovascular side effects from hormonal birth control pills, including death from heart attack, blood clots or stroke. This risk increases with age and the number of cigarettes you smoke.

What is Previfem®?
Previfem® is a birth control pill (oral contraceptive) used by women to prevent pregnancy.

How does Previfem® work for contraception?
Your chance of getting pregnant depends on how well you follow the directions for taking your birth control pills. The better you follow the directions, the less chance you have of getting pregnant.

Based on the results of clinical studies, about 1 out of 100 women may get pregnant during the first year they use Previfem®.

The following chart shows the chance of getting pregnant for women who use different methods of birth control. Each box on the chart contains a list of birth control methods that are similar in effectiveness. The most effective methods are at the top of the chart. The box on the bottom of the chart shows the chance of getting pregnant for women who do not use birth control and are trying to get pregnant.



Who should not take Previfem®?

Do not take Previfem® if you:

- smoke and are over 35 years of age
- had blood clots in your arms, legs, lungs, or eyes
- had a problem with your blood that makes it clot more than normal
- have certain heart valve problems or irregular heart beat that increases your risk of having blood clots
- had a stroke
- had a heart attack
- have high blood pressure that cannot be controlled by medicine
- have diabetes with kidney, eye, nerve, or blood vessel damage
- have certain kinds of severe migraine headaches with aura, numbness, weakness or changes in vision, or any migraines headaches if you are over 35 years of age
- have liver problems, including liver tumors
- take any Hepatitis C drug combination containing ombitasvir/paritaprevir/ritonavir, with or without dasabuvir. This may increase levels of the liver enzyme "alanine aminotransferase" (ALT) in the blood.
- have any unexplained vaginal bleeding
- are pregnant
- had breast cancer or any cancer that is sensitive to female hormones

If any of these conditions happen while you are taking Previfem®, stop taking Previfem® right away and talk to your healthcare provider. Use non-hormonal contraception when you stop taking Previfem®.

What should I tell my healthcare provider before taking Previfem®? Tell your healthcare provider if you:

- are pregnant or think you may be pregnant
- are depressed now or have been depressed in the past
- had yellowing of your skin or eyes (jaundice) caused by pregnancy (Cholestasis of pregnancy)
- are breastfeeding or plan to breastfeed. Previfem® may decrease the amount of breast milk you make. A small amount of the hormones in Previfem® may pass into your breast milk. Talk to your healthcare provider about the best birth control method for you while breastfeeding.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins and herbal supplements.

Previfem® may affect the way other medicines work, and other medicines may affect how well Previfem® works.

Know the medicines you take. Keep a list of them to show your healthcare provider and pharmacist when you get a new medicine.

How should I take Previfem®?

Read the Instructions for Use at the end of this Patient Information.

What are the possible serious side effects of Previfem®?

- Like pregnancy, Previfem® may cause serious side effects, including blood clots in your lungs, heart attack, or a stroke that may lead to death. Some other examples of serious blood clots include blood clots in the legs or eyes.

Serious blood clots can happen especially if you smoke, are obese, or are older than 35 years of age. Serious blood clots are more likely to happen when you:

- First start taking birth control pills
- Restart the same or different birth control pills after not using them for a month or more

Call your healthcare provider or go to a hospital emergency room right away if you have:

- leg pain that will not go away
- a sudden, severe headache unlike your usual headaches
- sudden severe shortness of breath
- weakness or numbness in your arm or leg
- sudden change in vision or blindness
- trouble speaking
- chest pain

Other serious side effects include:

- liver problems, including:
- rare liver tumors
- jaundice (cholestasis), especially if you previously had cholestasis of pregnancy. Call your healthcare provider if you have yellowing of your skin or eyes.

• high blood pressure. You should see your healthcare provider for a yearly check of your blood pressure.

• gallbladder problems

• changes in the sugar and fat (cholesterol and triglycerides) levels in your blood

• new or worsening headaches including migraine headaches

• irregular or unusual vaginal bleeding and spotting between your menstrual periods, especially during the first 3 months of taking Previfem®.

• depression

• possible cancer in your breast and cervix

• swelling of your skin especially around your mouth, eyes, and in your throat (angioedema).

Call your healthcare provider if you have a swollen face, lips, mouth tongue or throat, which may lead to difficulty swallowing or breathing. Your chance of having angioedema is higher if you have a history of angioedema.

- dark patches of skin around your forehead, nose, cheeks and around your mouth, especially during pregnancy (chloasma). Women who tend to get chloasma should avoid spending a long time in sunlight, tanning booths, and under sun lamps while taking Previfem®. Use sunscreen if you have to be in the sunlight.

What are the most common side effects of Previfem®?

- headache (migraine)
- breast pain or tenderness, enlargement or discharge
- stomach pain, discomfort, and gas
- vaginal infections and discharge
- mood changes, including depression
- nervousness
- changes in weight
- skin rash

These are not all the possible side effects of Previfem®. For more information, ask your healthcare provider or pharmacist. You may report side effects to Par Pharmaceuticals at 1-800-828-9393, or FDA at 1-800-FDA-1088.

What else should I know about taking Previfem®?

- If you are scheduled for any lab tests, tell your healthcare provider you are taking Previfem®. Certain blood tests may be affected by Previfem®.
- Previfem® does not protect against HIV infection (AIDS) and other sexually transmitted infections.

How should I store Previfem®?

- Store Previfem® at room temperature between 68°F to 77°F (20°C to 25°C).
- Keep Previfem® and all medicines out of the reach of children.
- Store away from light.

General information about the safe and effective use of Previfem®.

Medicines are sometimes prescribed for purposes other than those listed in a Patient Information leaflet. Do not use Previfem® for a condition for which it was not prescribed. Do not give Previfem® to other people, even if they have the same symptoms that you have.

This Patient Information summarizes the most important information about Previfem®. You can ask your pharmacist or healthcare provider for information about Previfem® that is written for health professionals. For more information, call Par Pharmaceutical at 1-800-828-9393.

Do birth control pills cause cancer?

Birth control pills do not seem to cause breast cancer. However, if you have breast cancer now, or had it in the past, do not use birth control pills because some breast cancers are sensitive to hormones. Women who use birth control pills may have a slightly higher chance of getting cervical cancer. However, this may be due to other reasons such as having more sexual partners.

What if I want to become pregnant?

You may stop taking the pill whenever you wish. Consider a visit with your healthcare provider for a pre-pregnancy checkup before you stop taking the pill.

What should I know about my period when taking Previfem®?

Your periods may be lighter and shorter than usual. Some women may miss a period. Irregular vaginal bleeding or spotting may happen while you are taking Previfem® especially during the first few months of use. This usually is not a serious problem. It is important to continue taking your pills on a regular schedule to prevent a pregnancy.

What are the ingredients in Previfem®?

Active ingredients: Each blue pill contains norgestimate and ethynodiol diacetate.

Inactive ingredients:

Blue pills: crospovidone, FD & C Blue No.2 Aluminum Lake, lactose anhydrous, magnesium stearate, and pregelatinized starch.

Green pills: crospovidone, D & C Yellow No.10 Aluminum Lake, FD & C Blue No.2 Aluminum Lake, lactose anhydrous, magnesium stearate, and pregelatinized starch.

Instructions For Use Previfem® (norgestimate and ethynodiol diacetate tablets, USP)

Important Information about taking Previfem®:

- Take 1 pill every day at the same time. Take the pills in the order directed on your blister pack.
- Do not skip your pills, even if you do not have sex often. If you miss pills (including starting the blister pack late) you could get pregnant. The more pills you miss, the more likely you are to get pregnant.

If you have trouble remembering to take Previfem®, talk to your healthcare provider. When you first start taking Previfem®, spotting or light bleeding in between your periods may occur. Contact your healthcare provider if this does not go away after a few months.

You may feel sick to your stomach (nauseous), especially during the first few months of taking Previfem®. If you feel sick to your stomach, do not stop taking the pill. The problem will usually go away. If your nausea does not go away, call your healthcare provider.

Missing pills can also cause spotting or light bleeding, even when you take the missed pills later. On the days you take 2 pills to make up for missed pills (see **What should I do if I miss anyPrevifem® pills?** below), you could also feel a little sick to your stomach.

It is not uncommon to miss a period. However, if you miss a period and have not taken Previfem® according to directions, or miss 2 periods in a row, or feel like you may be pregnant, call your healthcare provider. If you have a positive pregnancy test, you should stop taking Previfem®.

If you have vomiting or diarrhea within 3 to 4 hours of taking your pill, take another pill of the same color from your extra pill blister pack. If you do not have an extra pill blister pack, take the next pill in your pill blister pack. Continue taking all your remaining pills in order. Start the first pill of your pill blister pack the day after finishing your current pill blister pack. This will be 1 day earlier than originally scheduled. Continue on your newschedule.

If you have vomiting or diarrhea for more than 1 day, your birth control pills may not work as well. Use an additional birth control method, like condoms and a spermicide, until you check with your healthcare provider.

Stop taking Previfem® at least 4 weeks before you have major surgery and do not restart after the surgery without asking your healthcare provider. Be sure to use other forms of contraception (like condoms and spermicide) during this time period.