



in combination with 50/30 mg/kg/day methylphenidate and a decrease in femur length was observed in males treated with the combination at the end of the treatment period. These doses are approximately 3 times the MRHD of 0.4 mg/day clonidine and 54 mg/day methylphenidate on a mg/m2 basis. All these effects in males were not reversed at the end of a 4-week recovery period. In addition, similar findings were seen in males treated with a lower dose of clonidine (30 mcg/kg/day) in combination with 50 mg/kg/day of methylphenidate and a decrease in femur length was observed in females treated with clonidine alone at the end of the recovery period. These effects were accompanied by a decrease in body weight gain in treated animals during the treatment period but the effect was reversed at the end of the recovery period. A delay in preputial separation (sexual maturation) was observed in males treated with the combination treatment of 300 mcg/kg/day clonidine and 50/30 mg/kg/day methylphenidate. There was no effect on reproduction or sperm analysis in these males.

#### 8.6 Renal Impairment

The impact of renal impairment on the pharmacokinetics of clonidine in children has not been assessed. The initial dosage of clonidine hydrochloride extended-release tablets should be based on degree of impairment. Monitor patients carefully for hypotension and bradycardia, and titrate to higher doses cautiously. Since only a minimal amount of clonidine is removed during routine hemodialysis, there is no need to give supplemental clonidine hydrochloride extended-release tablets following dialysis.

#### 9 DRUG ABUSE AND DEPENDENCE

#### 9.1 Controlled Substance

Clonidine hydrochloride extended-release tablets are not a controlled substance and have no known potential for abuse or dependence.

#### 10 OVERDOSAGE

##### Symptoms

**Clonidine overdose:** hypertension may develop early and may be followed by hypotension, bradycardia, respiratory depression, hypothermia, drowsiness, decreased or absent reflexes, weakness, irritability and miosis. The frequency of CNS depression may be higher in children than adults. Large overdoses may result in reversible cardiac conduction defects or dysrhythmias, apnea, coma and seizures. Signs and symptoms of overdose generally occur within 30 minutes to two hours after exposure.

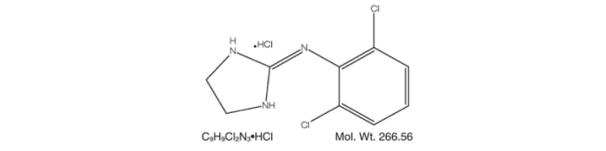
##### Treatment

Consult with a Certified Poison Control Center (1-800-222-1222) for up-to-date guidance and advice.

#### 11 DESCRIPTION

Clonidine hydrochloride extended-release tablets are a centrally acting alpha<sub>2</sub>-adrenergic agonist available as 0.1 mg or 0.2 mg extended-release tablets for oral administration. Each 0.1 mg and 0.2 mg tablet is equivalent to 0.087 mg and 0.174 mg, respectively, of the free base.

The inactive ingredients are colloidal silicon dioxide, hydroxypropyl cellulose, hypromellose, magnesium stearate, microcrystalline cellulose and sodium lauryl sulfate. The formulation is designed to delay the absorption of active drug in order to decrease peak to trough plasma concentration differences. Clonidine hydrochloride is an imidazoline derivative and exists as a mesomeric compound. The chemical name is 2-(2,6-dichlorophenylamino)-2-imidazoline hydrochloride. The following is the structural formula:



Clonidine hydrochloride is an odorless, bitter, white, crystalline substance soluble in water and alcohol.

#### 12 CLINICAL PHARMACOLOGY

##### 12.1 Mechanism of Action

Clonidine stimulates alpha<sub>2</sub>-adrenergic receptors in the brain. Clonidine is not a central nervous system stimulant. The mechanism of action of clonidine in ADHD is not known.

##### 12.2 Pharmacodynamics

Clonidine is a known antihypertensive agent. By stimulating alpha<sub>2</sub>-adrenergic receptors in the brain stem, clonidine reduces sympathetic outflow from the central nervous system and decreases peripheral resistance, renal vascular resistance, heart rate, and blood pressure.

##### 12.3 Pharmacokinetics

##### Single-dose Pharmacokinetics in Adults

Immediate-release clonidine hydrochloride and clonidine hydrochloride extended-release tablets have different pharmacokinetic characteristics; dose substitution on a milligram for milligram basis will result in differences in exposure. A comparison across studies suggests that the C<sub>max</sub> is 50% lower for clonidine hydrochloride extended-release tablets compared to immediate-release clonidine hydrochloride.

Following oral administration of an immediate release formulation, plasma clonidine concentration peaks in approximately 3 to 5 hours and the plasma half-life ranges from 12 to 16 hours. The half-life increases up to 41 hours in patients with severe impairment of renal function. Following oral administration about 40 to 60% of the absorbed dose is recovered in the urine as unchanged drug in 24 hours.

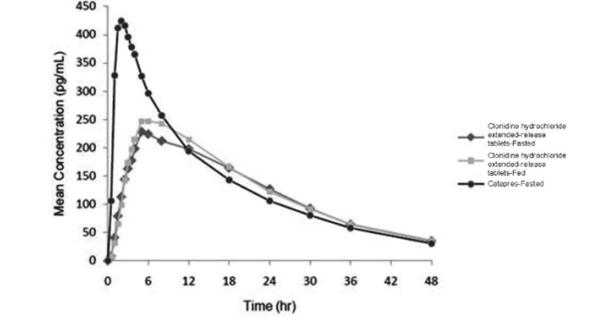
About 50% of the absorbed dose is metabolized in the liver. Although studies of the effect of renal impairment and studies of clonidine excretion have not been performed with clonidine hydrochloride extended-release tablets, results are likely to be similar to those of the immediate release formulation.

The pharmacokinetic profile of clonidine hydrochloride extended-release tablets administration was evaluated in an open-label, three-period, randomized, crossover study of 15 healthy adult subjects who received three single-dose regimens of clonidine: 0.1 mg of clonidine hydrochloride extended-release tablets under fasted conditions, 0.1 mg of clonidine hydrochloride extended-release tablets following a high fat meal, and 0.1 mg of clonidine immediate-release (Catapres®) under fasted conditions. Treatments were separated by one-week washout periods.

Mean concentration-time data from the 3 treatments are shown in **Table 7** and **Figure 1**. After administration of clonidine hydrochloride extended-release tablets, maximum clonidine concentrations were approximately 50% of the Catapres® maximum concentrations and occurred approximately 5 hours later relative to Catapres®. Similar elimination half-lives were observed and total systemic bioavailability following clonidine hydrochloride extended-release tablets was approximately 89% of that following Catapres®.

Foed had no effect on plasma concentrations, bioavailability, or elimination half-life.

Parameter	CATAPRES® - Fasted		Clonidine Hydrochloride Extended-Release Tablets - Fed		Clonidine Hydrochloride Extended-Release Tablets - Fasted	
	n=15		n=15		n=14	
	Mean	SD	Mean	SD	MEAN	SD
C <sub>max</sub> (pg/mL)	443	59.6	235	34.7	258	33.3
AUC <sub>inf</sub> (hr•pg/mL)	7313	1812	6505	1728	6729	1650
tT <sub>max</sub> (hr)	2.07	0.5	6.80	3.61	6.50	1.23
T <sub>1/2</sub> (hr)	12.57	3.11	12.67	3.76	12.65	3.56

**Figure 1: Mean Clonidine Concentration - Time Profiles after Single Dose Administration**


##### Multiple-dose Pharmacokinetics in Children and Adolescents

Plasma clonidine concentrations in children and adolescents (0.1 mg bid and 0.2 mg bid) with ADHD are greater than those of adults with hypertension with children and adolescents receiving higher doses on a mg/kg basis. Body weight normalized clearance (CL/F) in children and adolescents was higher than CL/F observed in adults with hypertension. Clonidine concentrations in plasma increased with increases in dose over the dose range of 0.2 to 0.4 mg/day. Clonidine CL/F was independent of dose administered over the 0.2 to 0.4 mg/day dose range. Clonidine CL/F appeared to decrease slightly with increases in age over the range of 6 to 17 years, and females had a 23% lower CL/F than males. The incidence of "sedation-like" AEs (somniaence and fatigue) appeared to be independent of clonidine dose or concentration within the studied dose range in the titration study. Results from the add-on study showed that clonidine CL/F was 11% higher in patients who were receiving methylphenidate and 44% lower in those receiving amphetamine compared to subjects not on adjunctive therapy.

#### 13 NONCLINICAL TOXICOLOGY

##### 13.1 Carcinogenesis, Mutagenesis and Impairment of Fertility

Clonidine HCl was not carcinogenic when administered in the diet of rats (for up to 132 weeks) or mice (for up to 78 weeks) at doses of up to 1,620 (male rats), 2,040 (female rats), or 2,500 (mice) mcg/kg/day. These doses are approximately 20, 25, and 15 times, respectively, the maximum recommended human dose (MRHD) of 0.4 mg/day on a mg/m<sup>2</sup> basis.

There was no evidence of genotoxicity in the Ames test for mutagenicity or mouse micronucleus test for clastogenicity.

Fertility of male or female rats was unaffected by clonidine HCl doses as high as 150 mcg/kg/day (approximately 3 times the MRHD on a mg/m<sup>2</sup> basis). In a separate experiment, fertility of female rats appeared to be adversely affected at dose levels of 500 and 2,000 mcg/kg/day (10 and 40 times the MRHD on a mg/ m<sup>2</sup> basis).

#### 14 CLINICAL STUDIES

Efficacy of clonidine hydrochloride extended-release tablets in the treatment of ADHD was established in children and adolescents (6 to 17 years) in:

- One short-term, placebo-controlled monotherapy trial (Study 1)
- One short-term adjunctive therapy to psychostimulants trial (Study 2)

##### Short-term Monotherapy and Adjunctive Therapy to Psychostimulant Studies for ADHD

The efficacy of clonidine hydrochloride extended-release tablets in the treatment of ADHD was established in 2 (one monotherapy and one adjunctive therapy) placebo-controlled trials in pediatric patients aged 6 to 17, who met DSM-IV criteria of ADHD hyperactive or combined hyperactive/inattentive subtypes. Signs and symptoms of ADHD were evaluated using the investigator administered and scored ADHD Rating Scale-IV-Parent Version (ADHDRS-IV) total score including hyperactive/impulsivity and inattentive subscales.

Study 1 (CLON-301), was an 8-week randomized, double-blind, placebo-controlled, fixed dose study of children and adolescents aged 6 to 17 (N=236) with a 5-week primary efficacy end-point. Patients were randomly assigned to one of the following three treatment groups: clonidine hydrochloride extended-release tablets (CLON) 0.2 mg/day (N=78), clonidine hydrochloride extended-release tablets 0.4 mg/day (N=80), or placebo (N=78). Dosing for the clonidine hydrochloride extended-release tablets groups started at 0.1 mg/day and was titrated in increments of 0.1 mg/week to their respective dose (as divided doses). Patients were maintained at their dose for a minimum of 2 weeks before being gradually tapered down to 0.1 mg/day at the last week of treatment. At both doses, improvements in ADHD symptoms were statistically significantly superior in clonidine hydrochloride extended-release tablet-treated patients compared with placebo-treated patients at the end of 5 weeks as measured by the ADHDRS-IV total score (**Table 8**).

Study 2 (CLON-302) was an 8-week randomized, double-blind, placebo-controlled, flexible dose study in children and adolescents aged 6 to 17 (N=198) with a 5-week primary efficacy end point. Patients had been treated with a psychostimulant (methylphenidate or amphetamine) for four weeks with inadequate response. Patients were randomly assigned to one of two treatment groups: clonidine hydrochloride extended-release tablets adjunct to a psychostimulant (N=102) or psychostimulant alone (N=96). The clonidine hydrochloride extended-release tablets dose was initiated at 0.1 mg/day and doses were titrated in increments of 0.1 mg/week up to 0.4 mg/day, as divided doses, over a 3-week period based on tolerability and clinical response. The dose was maintained for a minimum of 2 weeks before being gradually tapered to 0.1 mg/day at the last week of treatment. ADHD symptoms were statistically significantly improved in clonidine hydrochloride extended-release tablets plus stimulant group compared with the stimulant alone group at the end of 5 weeks as measured by the ADHDRS-IV total score (**Table 8**).

Study Number	Treatment Group	Primary Efficacy Measure: ADHDRS-IV Total Score		
		Mean Baseline Score (SD)	LS Mean Change from Baseline (SE)	Placebo-subtracted Difference* (95% CI)
Study 1	Clonidine Hydrochloride Extended-Release Tablets (0.2 mg/day)	43.8 (7.47)	-15.0 (1.38)	-8.5 (-12.2, - 4.8)
	Clonidine Hydrochloride Extended-Release Tablets (0.4 mg/day)	44.6 (7.73)	-15.6 (1.33)	-9.1 (-12.8, - 5.5)
	Placebo	45.0 (8.53)	-6.5 (1.35)	--
Study 2	Clonidine Hydrochloride Extended-Release Tablets (0.4 mg/day) + Psychostimulant	38.9 (6.95)	-15.8 (1.18)	-4.5 (-7.8, -1.1)
	Psychostimulant alone	39.0 (7.68)	-11.3 (1.24)	--

SD: standard deviation; SE: standard error; LS Mean: least-squares mean; CI: unadjusted confidence interval.

\* Difference (drug minus placebo) in least-squares mean change from baseline.

**Additional pediatric use information for patients ages 6 to 17 years is approved for Concordia Pharmaceuticals, Inc.'s KAPVAY® (clonidine hydrochloride) extended-release tablets. However, due to Concordia Pharmaceuticals Inc.'s marketing exclusivity rights, this drug product is not labeled with that pediatric information.**

#### 16 HOW SUPPLIED/STORAGE AND HANDLING

Clonidine hydrochloride extended-release tablets are available as following:

- 0.1 mg: white to off-white round tablets engraved with "A257" on one side and plain on the other.

Bottles of 60.....NDC 10370-257-02

Bottles of 180.....NDC 10370-257-13

Bottles of 500.....NDC 10370-257-05

- 0.2 mg: white to off-white round tablets engraved with "A302" on one side and plain on the other.

Bottles of 60.....NDC 10370-302-02

Bottles of 180.....NDC 10370-302-13

Bottles of 500.....NDC 10370-302-05

Store at 20° to 25°C (68° to 77°F) [see USP Controlled Room Temperature].

Dispense in a tight container.

#### 17 PATIENT COUNSELING INFORMATION

Advise the patient to read the FDA-approved Patient Labeling (Patient Information)

##### Dosage and Administration

Advise patients that clonidine hydrochloride extended-release tablets must be swallowed whole, never crushed, cut, or chewed, and may be taken with or without food. When initiating treatment, provide dosage escalation instructions [see **Dosage and Administration (2.1)**].

##### Missed Dose

If patients miss a dose of clonidine hydrochloride extended-release tablets, advise them to skip the dose and take the next dose as scheduled and not to take more than the prescribed total daily amount of clonidine hydrochloride extended-release tablets in any 24-hour period [see **Dosage and Administration (2.4)**].

##### Hypotension/Bradycardia

Advise patients who have a history of syncope or may have a condition that predisposes them to syncope, such as hypotension, orthostatic hypotension, bradycardia, or dehydration, to avoid becoming dehydrated or overheated [see **Warnings and Precautions (5.1)**].

##### Sedation and Somnolence

Instruct patients to use caution when driving a car or operating hazardous machinery until they know how they will respond to treatment with clonidine hydrochloride extended-release tablets. Also advise patients to avoid the use of clonidine hydrochloride extended-release tablets with other centrally active depressants and with alcohol [see **Warnings and Precautions (5.2)**].

##### Rebound Hypertension

Advise patients not to discontinue clonidine hydrochloride extended-release tablets abruptly [see **Warnings and Precautions (5.3)**].

##### Allergic Reactions

Advise patients to discontinue clonidine hydrochloride extended-release tablets and seek immediate medical attention if any signs or symptoms of a hypersensitivity reaction occur, such as generalized rash, urticaria, or angioedema [see **Warnings and Precautions (5.4)**].

### Patient Information Clonidine Hydrochloride (kloe' ni deen hye" droe klor' ide) Extended-Release Tablets

Read the Patient Information that comes with clonidine hydrochloride extended-release tablets before you start taking it and each time you get a refill. There may be new information. This Patient Information leaflet does not take the place of talking to your doctor about your medical condition or treatment.

#### What are clonidine hydrochloride extended-release tablets?

Clonidine hydrochloride extended-release tablets are a prescription medicine used for the treatment of Attention-Deficit Hyperactivity Disorder (ADHD). Your doctor may prescribe clonidine hydrochloride extended-release tablets alone or together with certain other ADHD medicines.

- Clonidine hydrochloride extended-release tablets are not a central nervous system (CNS) stimulant.
- Clonidine hydrochloride extended-release tablets should be used as part of a total treatment program for ADHD that may include counseling or other therapies.

#### Who should not take clonidine hydrochloride extended-release tablets?

- Do not take clonidine hydrochloride extended-release tablets if you are allergic to clonidine in clonidine hydrochloride extended-release tablets. See the end of this leaflet for a complete list of ingredients in clonidine hydrochloride extended-release tablets.

#### What should I tell my doctor before taking clonidine hydrochloride extended-release tablets?

Before you take clonidine hydrochloride extended-release tablets, tell your doctor if you:

- have kidney problems
- have low or high blood pressure
- have a history of passing out (syncope)
- have heart problems, including history of heart attack
- have had a stroke or have stroke symptoms
- had a skin reaction (such as a rash) after taking clonidine in a transdermal form (skin patch)

- have any other medical conditions
- are pregnant or plan to become pregnant. It is not known if clonidine hydrochloride extended-release tablets will harm your unborn baby. Talk to your doctor if you are pregnant or plan to become pregnant.
- are breastfeeding or plan to breastfeed. Clonidine hydrochloride extended-release tablets can pass into your breast milk. Talk to your doctor about the best way to feed your baby if you take clonidine hydrochloride extended-release tablets.

Tell your doctor about all of the medicines that you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. Clonidine hydrochloride extended-release tablets and certain other medicines may affect each other causing serious side effects. Sometimes the doses of other medicines may need to be changed while taking clonidine hydrochloride extended-release tablets.

#### Especially tell your doctor if you take:

- anti-depression medicines
- heart or blood pressure medicine
- other medicines that contain clonidine
- a medicine that makes you sleepy (sedation)

Ask your doctor or pharmacist for a list of these medicines, if you are not sure if your medicine is listed above.

Know the medicines that you take. Keep a list of your medicines with you to show your doctor and pharmacist when you get a new medicine.

#### How should I take clonidine hydrochloride extended-release tablets?

- Take clonidine hydrochloride extended-release tablets exactly as your doctor tells you to take it.
- Your doctor will tell you how many clonidine hydrochloride extended-release tablets to take and when to take them. Your doctor may change your dose of clonidine hydrochloride extended-release tablets. Do not change your dose of clonidine hydrochloride extended-release tablets without talking to your doctor.
- Do not stop taking clonidine hydrochloride extended-release tablets without talking to your doctor.
- Clonidine hydrochloride extended-release tablets can be taken with or without food.
- Clonidine hydrochloride extended-release tablets should be taken 2 times a day (in the morning and at bedtime).
- If you miss a dose of clonidine hydrochloride extended-release tablets, skip the missed dose. Just take the next dose at your regular time. Do not take two doses at the same time.
- Take clonidine hydrochloride extended-release tablets whole. Do not chew, crush or break clonidine hydrochloride extended-release tablets. Tell your doctor if you cannot swallow clonidine hydrochloride extended-release tablets whole. You may need a different medicine.
- If you take too much clonidine hydrochloride extended-release tablets, call your Poison Control Center or go to the nearest hospital emergency room right away.

#### What should I avoid while taking clonidine hydrochloride extended-release tablets?

- Do not drink alcohol or take other medicines that make you sleepy or dizzy while taking clonidine hydrochloride extended-release tablets until you talk with your doctor. Clonidine hydrochloride extended-release tablets taken with alcohol or medicines that cause sleepiness or dizziness may make your sleepiness or dizziness worse.

- Do not drive, operate heavy machinery or do other dangerous activities until you know how clonidine hydrochloride extended-release tablets will affect you.

- Avoid becoming dehydrated or overheated.

#### What are possible side effects of clonidine hydrochloride extended-release tablets?

#### Clonidine hydrochloride extended-release tablets may cause serious side effects, including:

- Low blood pressure and low heart rate.** Your doctor should check your heart rate and blood pressure before starting treatment and regularly during treatment with clonidine hydrochloride extended-release tablets.

- Sleepiness.
- Withdrawal symptoms. Suddenly stopping clonidine hydrochloride extended-release tablets may cause withdrawal symptoms including: increased blood pressure, headache, increased heart rate, lightheadedness, tightness in your chest and nervousness.

The most common side effects of clonidine hydrochloride extended-release tablets include:

- sleepiness
- tiredness
- irritability
- trouble sleeping (insomnia)
- nightmare
- constipation
- dry mouth
- decreased appetite
- dizziness

Tell your doctor if you have any side effects that bother you or that does not go away.

These are not all of the possible side effects of clonidine hydrochloride extended-release tablets. For more information, ask your doctor or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

#### How should I store clonidine hydrochloride extended-release tablets?

- Store clonidine hydrochloride extended-release tablets at 20° to 25°C (68° to 77°F) [see USP Controlled Room Temperature].

- Keep clonidine hydrochloride extended-release tablets in a tightly closed container.

#### Keep clonidine hydrochloride extended-release tablets and all medicines out of the reach of children.

#### General information about the safe and effective use of clonidine hydrochloride extended-release tablets

Medicines are sometimes prescribed for purposes other than those listed in a Patient Information leaflet. Do not use clonidine hydrochloride extended-release tablets for a condition for which it was not prescribed.

Do not give clonidine hydrochloride extended-release tablets to other people, even if they have the same symptoms that you have. It may harm them.

This Patient Information leaflet summarizes the most important information about clonidine hydrochloride extended-release tablets. If you would like more information, talk with your doctor. You can also ask your doctor or pharmacist for information about clonidine hydrochloride extended-release tablets that is written for healthcare professionals.

#### What are the ingredients in clonidine hydrochloride extended-release tablets?

- Active Ingredient: clonidine hydrochloride

- Inactive Ingredients: colloidal silicon dioxide, hydroxypropyl cellulose, hypromellose, magnesium stearate, microcrystalline cellulose and sodium lauryl sulfate

### R<sub>x</sub> only

KAPVAY® is a registered trademark of Concordia Pharmaceuticals, Inc. and the brands listed are trademarks of their respective owners.

Manufactured by:  
**Par Pharmaceutical**  
Chestnut Ridge, NY 10977

R09/16

OS257A-01-50-04